



Maths Competition Success!

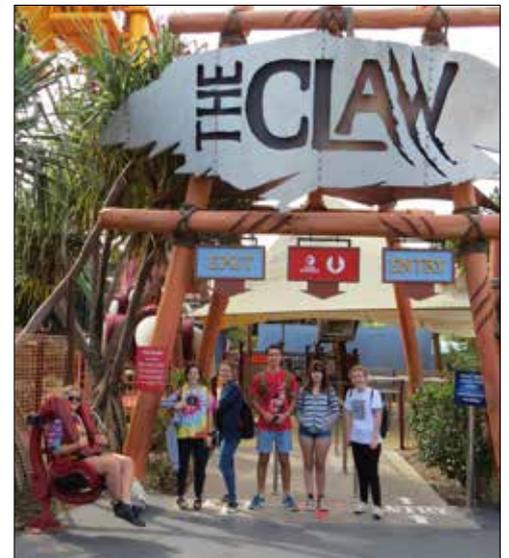
On Thursday 3 August our school hosted the QAMT Maths Competition for Year 7 and 8 students. The competition is designed to challenge student's mathematical skills in general knowledge, mental computation, written computation, problem solving and estimation.

Alongside several other schools from our region, nine keen students were selected to participate in the quiz with all teams placing in the top four positions:

- 1st Place Kirran, Mia, Chloe
- 3rd Place Gabrielle, Caitlin, Eva
- 4th Place Bridie, Jemima, Lauren

Kirran, Mia and Chloe were awarded winners on the day with a convincing score. All students are to be commended for their enthusiastic attitude and exceptional teamwork throughout the quiz.

Miss Sarah Bates
Quiz Coordinator



First Hand Physics

As part of the Senior Physics Work Programme, the Year 11 Physics students are required to write a report on the importance of experiencing physics concepts first hand as opposed to only learning the theory in class. Of course, in order to compose such a report students must spend a day at Dreamworld collecting data by going on numerous rides and then analysing the data and comparing it to what they have learnt in lessons. Conservation of energy, equations of motion, circular motion and pendulum motion were just some of the concepts used in the comparison of real life measurements to theoretical expectations.

On Friday 28 July, the Year 11 Physics class, accompanied by Mrs Tenille Olm and

Mr Glen Ivers, did just this. An early morning start meant that students could have as much time as possible at Dreamworld, experiencing all that is involved in a theme park and its rides. Of the many rides at Dreamworld, The Claw, Sidewinder, Giant Drop, Tower of Terror II and the Buzzsaw were the ones chosen by the students to analyse. Students wore their smartphones in armbands to collect data, such as accelerations and forces, and they measured angles to the top of rides to help calculate heights. Stopwatches were also used to time the length of certain rides. It was a long day, but a successful one, with students observing and collecting data from the rides and having a fun time in the process.

From the Principal...

We are a Positive Behaviour for Learning School

Our School Values that drive our daily behaviour expectations (for all of our school community) are:

- Be Respectful
- Be Responsible
- Be Safe

Dear Parents, students, staff and community supporters,

Staffing Update

- Congratulations to Miss Natalie Reinbott on her recent marriage to one of our local Police Officers, Mr Matt Truscott.

Staff Professional Development:

A number of staff have recently attended a breadth of very important professional development that will benefit students across the school. Topics included:

- reading;
- writing;
- the new Senior Assessment and Tertiary Entrance system (online from 2019).

Facilities Update

- The school has received information recently that the long-awaited Tuckshop refurbishment will commence shortly. Whilst there will be some initial disruption during construction, we all look forward to seeing our hard-working Tuckshop Convenors, Mrs Jan Williams and Mrs Helen West, enjoying the benefits of the upgrade of this important facility.
- The new Indoor Sports Building planning is now in an extended tender process with an external Tenders Review Committee. The last communication around the plans with the Project Team reported that things were progressing within budget. We look forward to more positive news soon.

School Opinion Survey

It is that time of year when our staff, interested parents and students, complete the annual School Opinion Survey. This is a generic survey that all Queensland government schools are required to administer. The results from the surveys are collated externally with the data provided to the school later in the year. Information and login details to complete the survey have already been issued to families. Surveys must be **completed by Friday 25 August**. Thank you in advance to those families, students and staff who complete the surveys.

Toowoomba Eisteddfod

Congratulations to the Stage and Concert Bands on their recent success at the Toowoomba Eisteddfod. The Stage Band won the B Division (you can only compete in B Division in your first year of entry) and the Concert Band placed second (by one point) in its first year in A Division. These are excellent achievements and I congratulate our Instrumental Music teacher and Conductor Mrs Kellie McKenney on her outstanding work with the students. Thank you also to the staff and parents who supported the students at these performances.

Parent Information Evenings

Sincere thanks to the parents and Year 10 students who were able to attend this week's **Senior Pathways Evening**. We look forward to completing the **SET Plan process** and locking in each student's proposed senior curriculum program as the 2018 timetable is developed. Thank you also to the parents of the students in the junior school who we hope will be able to attend the upcoming **Year 8 into Year 9, and Year 9 into Year 10 Information Evening on Monday 14 August**.

Date Change

School Presentation Evening / Awards Night – Thursday 26 October

Thank you to all of the supportive parents, families, staff and community members for your support of the educational opportunities for young people within our local district. To stay informed about our school, please remember that you can access our school calendar on the school website or via the QSchools App.

Kind regards,
Mr Scott Rowan

What's Happening...

August

11	Athletics Carnival
14	Year 8 into 9 Information Evening
	Year 9 into 10 Information Evening
14-25	SET Plan Interviews
15	District Track and Field
21-25	Book Week
29-30	QCS Test

SET Plan Interviews

Information for Year 10 Students and Parents/Carers

What is the QCE/ QCIA?

The **QCE** (Queensland Certificate of Education) and the **QCIA** (Queensland Certificate of Individual Achievement) are **Queensland's senior school qualification**, which is awarded to eligible students usually at the end of Year 12. The QCE recognises broad learning options and offers flexibility in what, where and when learning occurs.

Planning for a QCE/ QCIA, SET Plan and Interview

A Senior Education and Training Plan (SET) helps students structure their learning and subject choices for Year 11 and 12 around their abilities, interests and ambitions, to ensure students achieve their QCE/QCIA by the end of Year 12. As part of the planning process, students think about their future, consider their abilities and investigate their options for careers and further education. Currently, Year 10 students are engaging in a Career Exploration program during their Pastoral Care lessons.

The student, their parents or carers, and the school meet to develop the SET Plan, which details what, where and how a student will study during their senior phase of learning (usually Years 11 and 12). **This takes the form of a formal interview with students and their parents/ carers to plan their senior phase of learning.**

SET Plan interviews will occur from **14 August – 25 August, from 8.15am – 6.00pm**. Parents are invited to book their availability for a 45 minute interview time to discuss their child's senior pathway.

Bookings will **open on the Senior Pathways Evening** (7 August). **Parents are invited to arrange bookings through the Administration Office from 8 August.**

Students will receive information regarding the requirements for the interviews.

All parents are encouraged to begin having discussions with their child about career goals and ambitions. We look forward to working with parents and students to plan for your child's success.

Chinchilla State High School Expression of Interest Relief Teacher Aide

Chinchilla State High School is seeking expressions of interest from people who are interested in doing some relief/casual teacher aide work. Casual/relief work is intermittent and cannot be guaranteed. Relief staff are usually contacted close to or on the day of the absence and would be required to possess or obtain a Working With Children Blue Card.

This work could encompass working with students with special needs and learning difficulties; literacy and numeracy support; and general and manual arts classroom support.

Interested persons are asked to submit a covering letter outlining availability, area of interest and any other key information and a resume.

Please submit your expression of interest to:

*Business Manager
Chinchilla State High School
PO Box 195
Chinchilla Qld 4413*

or by email: bsm@chinchilshs.eq.edu.au

Applications should be submitted no later than **4.00 pm Friday 18 August 2017**.

Chinchilla State High School Casual/Relief Cleaners Needed

Chinchilla State High School is seeking expressions of interest for Casual/Relief Cleaners. The work is intermittent, on an as-required basis, and cannot be guaranteed. Relief staff are usually contacted close to, or on the day of, absence. Cleaners are engaged to work a split shift from 5.00 -8.00 am and 3.00 -6.00 pm. Relief can be for part day, full day, a week or longer. Applicants would be required to possess a Working With Children Blue Card. Interested persons are asked to submit a resume to:

*Business Manager
Chinchilla State High School
PO Box 195
Chinchilla Qld 4413*

or by email: bsm@chinchilshs.eq.edu.au

Applications should be submitted no later than **4.00 pm Friday 18 August 2017**.

Year 8 into 9 and Year 9 into 10 Information Evening

Chinchilla State High School welcomes our **current Year 8 and 9 students and their families** to join us as we detail the subjects your child will experience in Year 9 and 10.

Tuesday 14 August 2017

Presentation 6.00pm
School Hall, Zeller Street

Students should bring their **Subject Overview Handbooks**.

Subject Selection Forms will be distributed on the night.

BOOK WEEK 2017

21 August—25 August 2017

That time of year is now upon when we celebrate all things reading in our annual book week. The 2017 theme is 'ESCAPE TO EVERYWHERE'. There will be games and activities throughout the week with it culminating in a full school theme dress-up on Friday 25 August. We look forward to a great week with lots of fun for our students, and staff!

Year 7 Form Class of the Week

Year 7 students are kicking goals this term in their dedication to both their studies and their participation in school events. For a number of weeks we have been awarding Form Class of the Week to the Form Class meeting both attendance and behavioural expectations.

Each Form Class chose a name during camp in Term 1 and these are now used on the weekly award. This week's award has been awarded to, 7A - 'Anchored on Awesomeness'

Students are encouraged to continue striving for success and to work as a team to achieve our school expectations.

Junior School Form Class of the Fortnight

Each fortnight during the Junior School assembly, one class is recognised for their achievements in meeting both the attendance and behaviour expectations. This fortnight's winner was 9-4 - 'Yeah the Boasts', with students achieving both the attendance goal of 92% and demonstrating the TEAM Core Values.

The most creative Form Class name from last term's competition to create a team name was 'You 8 C Nothing Yet'.

*Mrs Tiffany Ross
Year 7 Coordinator*

*From the Guidance Officer
Mrs Sinead Robb*

Useful Apps

Below is a list of apps that students and parents may find helpful:



Happify – science based activities for stress and anxiety relief.



ReachOut WorryTime – a place to store worries and alerts you when it's time to think about them.



ReachOut Breathe – helps reduce the physical symptoms of stress and anxiety.



In Hand – tracks mood; activities to bring you back to balance.



Music eEscape – develop playlists to match your mood; use to express or change mood.



Headspace – meditation app to help with stress and worry.



Breakup Shakeup – provides ideas for things to do to cope after a breakup.



YouthBeyondBlue The Check-In – takes you through how you might check in and support a friend.



SuperBetter – games to increase resilience.



MindShift – helps teens and young adults cope with anxiety.



What's Up? – teaches methods to help you cope with different emotions.



MiYo – self reflection journal to track your wellbeing.



MoodKit – mood improvement tools.



Smiling minds – meditation app to help with stress and worry.



Beyond Now



Recharge – for males; helps establish a good sleep/wake routine to improve wellbeing.

Get excited for the Athletics Carnival!

Grab your running shoes, slop on the sunscreen and don your house colours – the 2017 Inter-house Athletics Carnival is here. Pre-carnival events are a thing of the past and the final chance to gain vital house points is here.

Students are encouraged to wear their house colours for Friday's carnival, however it is essential that it is sun-safe and that they also wear closed-in shoes and a hat. Regardless of the weather on the day, it is highly recommended that students bring a water bottle and regularly apply sunscreen. In the case of cold weather, remember to layer up and prepare for a day outdoors. Students can bring their own lunch or access the tuckshop at designated times throughout the day.

Parents are very welcome at our Athletics Carnival and we would love to see support for our students on the day. Events will start from 9.15am Friday and the presentations should be completed by 3.00pm Friday. A timetable of events and age groups throughout the carnival is available.

The carnival is shaping up to be a great day for everyone and, as with most years, the team that has the most participants, not merely the high achievers, will probably be crowned the victors. With that being said, attendance is the key on the day and we expect to see everyone here supporting their house.

*Mr Auryn Nelmes and Mr Darren Rogers
Athletics Carnival Convenors*



WHAT'S IT ALL ABOUT?

MindStrength is an online course developed by Black Dog Institute for young people aged 14 - 16. It's designed to help you understand what resilience is and how it can help you get through the tough stuff in life. The course includes:

- five short, interactive and engaging modules supported by helpful explainer videos
- useful resilience building strategies including mindfulness meditation, controlling emotions, identifying your strengths and a step by step process for problem solving

Access the course online at: www.BLACKDOGLMS.com

Other supporting resources

For parents and people who work with young people

Building resilience in young people: this free online course includes five short, interactive, engaging modules designed to help you understand what resilience is and the role you can play building resilience in the young people you care for. Includes a range of practical strategies and helpful explainer videos.

Navigating teenage depression: this free online course includes five short, interactive, engaging modules designed to help you understand mood disorders such as depression and bipolar disorder, what to look out for in young people, how to provide support and where to seek help. Includes several short, helpful explainer videos.

For HPE teachers

HeadStrong: Black Dog Institute's free school curriculum resource for teaching about mental health and resilience. Aligned with the Health & Physical Education Australian Curriculum for Years 9-10. Free teacher development webinars also available. Free to download at: www.HEADSTRONG.org.au

All course available at: www.BLACKDOGLMS.com
More information at: www.HEADSTRONG.org.au

This initiative is proudly supported by:



www.blackdoginstitute.org.au



Athletics Carnival Program Friday 11 August 2017

Session 4	Track	
100m	All Ages, Boys & Girls	
Session 5	Field	
High Jump	12/13yr Girls	Pit 1
High Jump	14yr Boys	Pit 2
Shot Put	15yr Girls	Circle 1
Shot Put	15yr Boys	Circle 2
Triple Jump	16yr Boys	Track 1
Long Jump	Open Boys	Track 2
Session 6	Track	
200m	All Ages, Boys & Girls	
Session 7	Field	
High Jump	12/13yr Boys	Pit 1
High Jump	14yr Girls	Pit 2
Shot Put	16yr Girls	Circle 1
Shot Put	Open Girls	Circle 2
Triple Jump	15yr Boys	Track 1
Long Jump	12yr Girls	Track 2
Session 8	Track	
100m Final	All Ages, Boys & Girls	
Session 9	Field	
High Jump	Open Boys	Pit 1
High Jump	Open Girls	Pit 2
Shot Put	14 Yr Girls	Circle 1
Shot Put	16yr Boys	Circle 2
Triple Jump	13yr Girls	Track 1
Long Jump	14yr Boys	Track 2
Session 10	Track	

4 X 100m Relays

If time permits novelty events will run for all year levels throughout the day. Listen to the announcements.

Presentations



This year we will be participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school.

From Wednesday 26 July to Tuesday 19 September, we are collecting Woolworths Earn & Learn Stickers. Place the Woolworths Earn & Learn stickers onto a Woolworths Earn & Learn Sticker Sheet and when it's complete, the Sticker Sheet can be dropped into the Collection Box at the school tuckshop or at Chinchilla Woolworths. If you don't have enough for a full sticker sheet we will also accept loose stickers.

If you'd like to know more visit woolworths.com.au/earnandlearn